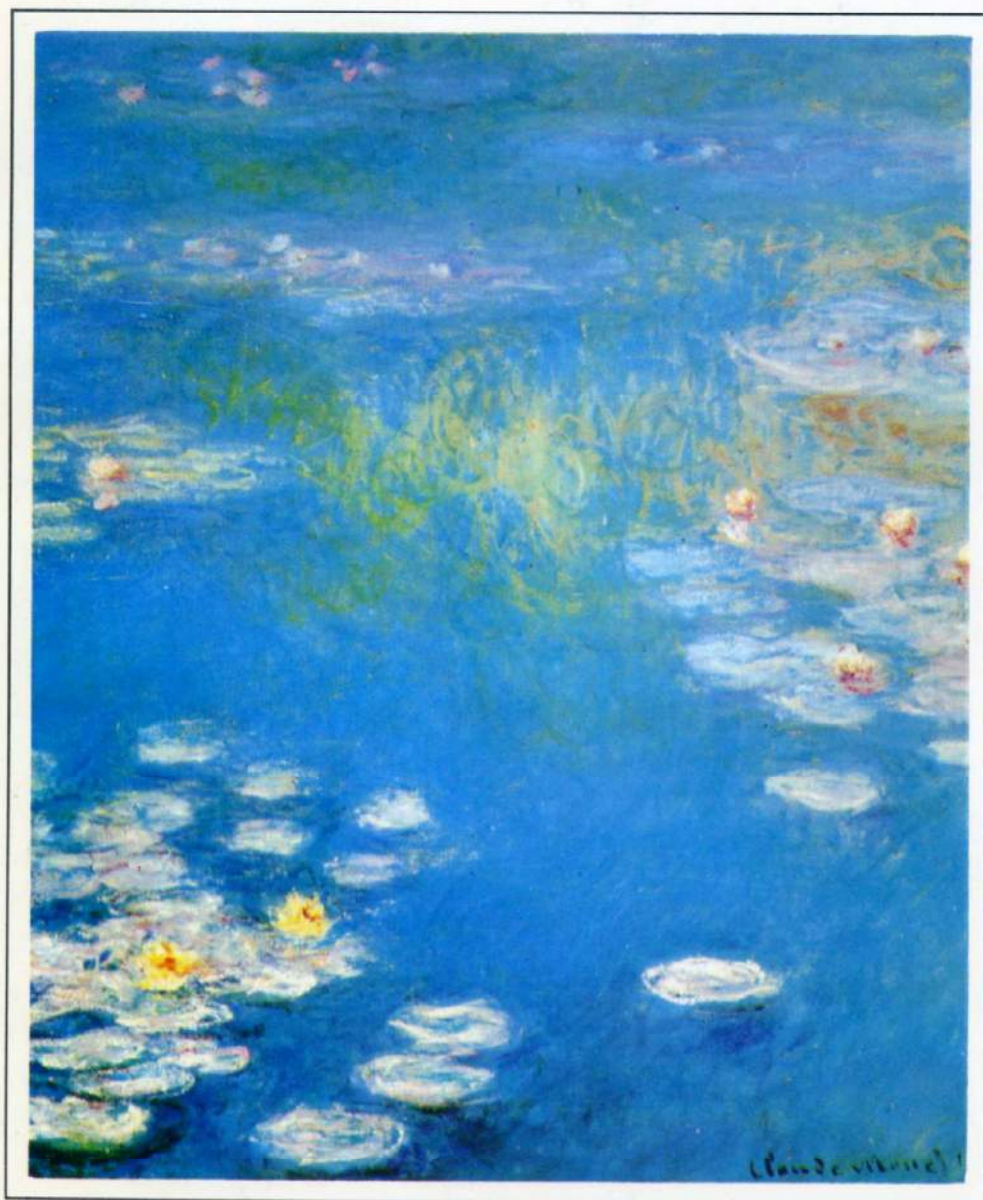


PATHWAY TO LIGHT

**An Introduction
To the Unarius Science of Life**



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An Introduction To The Unarius Science of Life

The Teachings of The Universal Brotherhood

ERNEST L. NORMAN

RUTH E. NORMAN

The *Pathway To Light* is dedicated to the founders of the Unarius Academy of Science, Dr. Ernest L. and Ruth E. Norman. As avatars, scientists, philosophers, and multi-Cosmic Visionaries—they will go down in history for their incredible manifestation of Spirit on Earth. They have helped to raise the curtain of man's consciousness through the teaching of scientific principles that describe the nature of life, death, and immortality leading to a progressive evolution.

Unarius Academy of Science
Founded by Ernest L. and Ruth E. Norman

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We Hope the Information
Contained in This Booklet,
Pathway To Light,
Will be an Aid to Help You
Understand the Teachings of Unarius.

Library of Congress Catalog Card Number: 96-60148
ISBN 0-935097-34-1

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IN DEDICATION



ERNEST L. NORMAN



RUTH E. NORMAN

The *Pathway To Light* is dedicated to the founders of the Unarius Academy of Science, Dr. Ernest L. and Ruth E. Norman. As avatars, scientists, philosophers, and poets--Cosmic Visionaries--they will go down in history for their incredible manifestation of Spirit on Earth. They have helped to raise the curtain of man's consciousness through the teaching of scientific principles that describe the nature of life, death, and immortality, leading to a progressive evolution.

The peace that will be experienced in future ages on planet Earth will be the result of the accomplishments of these two Beings of Light, as representatives of the Spiritual Hierarchy.

STATEMENT OF PURPOSE

The Unarius Academy of Science, founded by Dr. Ernest L. and Ruth E. Norman in 1954, is a non-profit, educational and scientific institution and a membership organization. The word Unarius is an acronym standing for universal articulate interdimensional understanding of science. We teach the connective and higher spiritual understanding of consciousness as an evolutionary mandate attainable by all individuals searching for the meaning of life.

As an Educational Foundation . . .

We teach a corrective and preventive psychotherapy based upon the physics of reincarnation, a comprehensive curriculum of self-mastery which explains the interactive, regenerative function of the mind and brain-body system. In advancing the knowledge of the spiritual principles of life, the teachings of Unarius explain the origin of atomic life within the new holographic paradigm of an interdimensional science.

As a Research Institution . . .

The broad concourse of life-after-life, of life and death, is an inner directed study of the mind, a research into the psychodynamics of consciousness. Its purpose is to awaken the individual to previous life encounters, the clairvoyant aptitude of the mind, and the reality of one's spiritual connection.

As a Membership Organization . . .

As a member, you will receive the Unarius Light Journal, published quarterly, and discover the many-faceted activities of the Academy's curriculum. Admission to seminars, lectures, and special events is available to members at a reduced cost. Also available at reduced cost are books as well as the Unarius video programs that are aired on public access cable, nationally and internationally.

A Word From The Director

Charles L. Spiegel (Antares)

Humankind has evolved over many hundreds of thousands of years upon a voyage of discovery. Yet this voyage is not a lineal pattern of one lifetime. Its prime purpose is to understand the nature and meaning of the individual's higher consciousness and progressive evolution, life after life.

The evolution of humankind is necessarily one that contains the contrasts of positive and negative archetypes that have been formed in the struggle to learn of one's innate spiritual design.

The curriculum of the Unarius Academy of Science presents the basis for a new science of life, explaining life's interdimensional principles to resolve the dichotomy of life and death, reincarnation, and the continuity of consciousness, life after life, as the evolutionary principle of life's progression!

In the vastness of outer space, of universes, nebulosities, whirling galaxies, solar systems and planets, we become more sensitive and aware of the Cosmic Design of Life. Within the nucleus of each person can be found the alpha and omega of life's complexities to explain what seemingly is chaotic to the outer senses. However, chaos itself is a highly regulated organic system and is explainable from a higher-dimensional understanding of the electromagnetic flux field principle of energy.

From the chaos of the 20th century, a planetary consciousness is emerging as we come closer to the year 2000. The challenge for all persons who are concerned with their spiritual identity as participants in the vastness and inconceivable nature of

infinity begins with the logic and reason attained from the experiential nature of one's own life expression!

The teaching of the Unarius Science of Life, as a course of the study of the self, addresses itself to an understanding of the matrix of the subtle energies of an interdimensional force that is the architect of atomic and nonatomic forms of life. This interdimensional force contains the attributes of the nature of consciousness itself.

The aborting of the progressive development of humankind had created a block in the ability of individuals to attain to the realization of interdimensional intelligence; their continuity of consciousness had been shut down, which is the basic reason why there is amnesia, with respect to the knowledge of their past, amongst people today.

The concepts of Unarius explain the new paradigm of a fourth-dimensional science of life. It is a science of life in which all persons are a functioning and important part--a diagram, if you will, of the universal harmony of life.

To accommodate the ideas of an interdimensional concept of life will require a profound transformation in the way in which we view ourselves and the institutions of society.

We are seeing, in the closing part of this 20th century, the convulsive birth pangs of a new society, the development of a new Renaissance of Spirit compounded from the logic and reason of life's progressive evolution. It is each one's prerogative, therefore, to be a strong link in the golden chain that joins the disparate parts of oneself with the larger whole, that of the organic nature of the Infinite itself.

Cosmic Visionaries

As teachers of the whole person, Ernest and Ruth Norman have made possible, through their example, the turnaround of thousands of individuals who had been imprisoned in their emotional problems and situations. By means of the psychotherapy described in the books, lesson courses, video programs, and audiobooks of Unarius, they have shown how dedicated students can learn the cancellation technique, necessary in self-healing, to detune themselves from past-associated, negative involvements and to develop the positive bias so necessary for good mental health and integration.

As cosmic visionaries, the Normans are forerunners for the new age of Spiritual Renaissance--of logic and reason--bringing to man an understanding of the principle of evolutionary physics and providing realistic models which answer man's unquenchable desire to know of himself.

In 1954, with just a \$200 monthly income from a small investment, Ruth, with her husband Ernest, initiated the Unarius Educational Foundation as a nonprofit, tax-exempt organization to provide information about the nature of man and his progressive evolution. The Foundation, through its Academy of Science, an independent college, reaches more than 500,000 individuals through its facilities in teaching, publishing, and the production of television and film documentaries, which air nationally.

Ernest Norman was a scientist, electronic engineer, and poet, as well as an advanced clairvoyant. He was inspired to write textbooks on the nature of consciousness and interdimensional physics, to diagrammatically illustrate the princi-

ples of energy from a fourth-dimensional level of understanding.

Twenty pioneering, landmark books were authored during the seventeen years of Ernest's and Ruth's active association. Because of their great determination and strength--an effort equal to that of many Gandhi's--the work of the Normans soon began to reach interested individuals who were seeking answers to the enigmas of their lives. Requests for information began to arrive from around the world. In order to accomplish this labor of love, the Normans secluded themselves from their families so they could devote all their time to the Mission--an incredible example of dedication and compassion for the many people who were seeking and needing spiritual-psychological help!

After Ernest Norman made his transition to the higher planes of light worlds in 1971, Ruth began to receive, from higher spiritual worlds, books describing the curriculum of the interdimensional science of life. From 1972 to 1993, she authored over 80 books of poetry, philosophy, and science, and in 1975, she created the New World Teaching Center. The adjoining Star Center is an inspiration of unparalleled beauty, with murals covering the walls depicting scenes of a crystal-clear environment as viewed on an astral planet! During the teaching sessions and seminars on-going at the Unarius Academy of Science, students are touched mentally by Masters--an example of the attunement process necessary for good mental health.

In 1978, Ruth Norman began producing television programs and films, extending the teachings of Unarius to a wider audience and using the psychodrama tech-

nique which had been introduced through her pioneering classes in past-life therapy. Students with film and television production experience appeared and soon were training others as the department expanded. Presently, over 100 television programs and three full-length films have been completed. They are presently airing on cable television channels throughout California, as well as nationally and internationally.

The many letters received from students throughout the world attest to the great help they have realized. They speak of the various healings they experienced from the inspirational help they received from the Unarius Brotherhood.

Many thousands of testimonials describing the healing of major, as well as minor physical and mental problems are on file at the Unarius Center. These healings have been made possible through the student's application of the scientific principles of cause and effect described as a past-life therapy. Understanding the reality of one's continuity, life-after-life and life after death, results in the true knowledge of one's spiritual design and the importance of advancing the progressive intent of one's evolution.

In her biography, *Bridge To Heaven*, Ruth Norman recalls many psychic experiences in which she became aware of the continuity of life after death, flashbacks to past lifetimes, and visions of life on higher worlds. One of her most vivid experiences took place during the period shortly after her husband returned to the worlds of Spirit. She was looking through the window of her home when two unusual, brilliantly-colored birds alighted on the fence during a pounding rainstorm. As she thought to herself how strange it was to see birds flying in the rain, especially ones with such brilliant plumage so unusual for Escondido, Cali-

fornia, a great, golden-white pulsating Flame appeared at her side. It was 10 to 15 feet in height! She strongly felt the presence of her recently departed husband, Ernest, and immediately was inspired to write several pages in verse form of the thoughts she received from him in Spirit!

In this beautiful verse, Ernest Norman, Raphael, as he is known by his true spiritual identity, spoke about his transition to the Celestial Planes. He gave an immortal lecture on the nature of man and his progression into higher states of awareness, and how this was true for all souls in future progressive evolutions! Ruth Norman, whose true spiritual identity is the Archangel Uriel, knew without a doubt of the continuity of life after death. After this experience, she was overshadowed by Raphael and the Brothers of Unarius in carrying out her functions as administrator, author, teacher, healer, and cosmic visionary.

Ruth Norman's great drive lay in her visionary awareness of the reality of life as progressive in its development to higher states of intelligence. This knowledge was a part of her because of her own spiritual development as a Hierarchical member of the Unarius Brotherhood. Although, like Ernest Norman, her humbleness was such that she took no credit and simply stated that she was merely the secretary to Infinite Intelligence, one cog in the great wheel of the Infinite Cosmos, the higher self of Ruth Norman (Uriel) is of a vast development, a Universal Radiant Infinite Eternal Light. She has long worked for the benefit of mankind, by the side of Raphael and others of the Unarius Brotherhood, throughout many, many lifetimes of great significance in the history of Earth and other worlds.

Her previous lifetimes, as Socrates, Peter the Great, Charlemagne, Queen Eliza-

beth I, and Queen Maria Theresa have shaped the future for many countries--all a part of a one-million year progressive plan for the healing of mankind on Earth, which was set in motion by the Spiritual Hierarchy of the Unarius Brotherhood. Her inspirational example continued through her lives as Hatshepsut, Akbar of India, Quetzalcoatl, Atahualpa--the last Inca of Peru, and many others. These lives have been relived and recognized through the course of her recent incarnation as Ruth E. Norman, for the purpose of man's enlightenment concerning the true identity of the many advanced spiritual teachers and leaders who have walked the plains and valleys of Earth throughout the centuries. The book, *Visitations, A Saga of Gods and Men*, describes these many lifetimes of Uriel.

Perhaps most significant to 20th-century man is the true story of Uriel's incarnation as Mary of Bethany, the betrothed and 13th disciple of Jesus of Nazareth--a prior incarnation of Dr. Ernest L. Norman. This story is related in Uriel's short autobiography, *My 2000-Year Psychic Memory as Mary of Bethany*.

It is now and always has been the desire and purpose of Uriel to overcome the inertia of individuals and humankind as a whole by presenting knowledge of the Interplanetary Confederation--33 worlds joined in harmony and brother-

hood, whose emissaries will land on Earth in the year 2001! Their mission is one of peace and friendship; their intention is to invite planet Earth to become the 33rd member of the restored brotherhood of terrestrial planets located within the Milky Way Galaxy! Uriel is the ambassador and the leader of this effort to join the people of Earth with those who live on other terrestrial planets throughout the galaxy.

Ruth E. Norman has been introduced in many books of the Unarius Academy of Science as its co-founder and director and as the cosmic visionary for mankind. In this respect, then, the publishing and teaching organization of Unarius must function, in the same manner as all atomic constituent parts on any earth plane, to regenerate the information within the books, and audio and videotapes.

Therefore, through the consciousness of Ruth E. Norman, the power and the force of Uriel, a spiritual Sun, can be shone into the minds of countless peoples on an earth planet.

In this manner, the Unarius Academy of Science is a functioning development for the new society of man, carrying the clear signal of Cosmic Intelligences who have lived on Earth before as scientists, educators, healers, teachers--inspirational forces to touch humanity's inner and higher spiritual consciousness.

*Man is born again and again,
and through the never-ending
cyclic patterns of life and death,
each man comes to the time and place
when he meets his Creator, face to face,
on the Pathway to Light.*



Infinite Reflections

Who am I who cannot see himself but
desireth self-knowledge?
And how would it be that I would gaze
into my eternity and know of my future
save that I would know of my reflection?
I have found the Light to reflect
from that universal mirror of Infinity
the things fashioned in spirit
and the deeds I would accomplish.

In this reflection is seen a 'lambent flame,'
embryonic, yet imbued with the vastness
of all these things I now see in myself
and all mankind.

Many flames that crystallize to form
one brilliant structure.

Yea, a glistening chandelier of iridescent
vision, ever growing and changing
with every creative breath
of the omnipotent omnipresent
Universal Spirit of Uriel.

Your Progressive Evolution

Our heartfelt congratulations on what can be the turning point in your life. To most students who first contact Unarius, there is an immediate and tremendous quickening of the Spirit; all of the pent-up emotions, complexes, and inhibitions are poured out like an onrushing tide demanding immediate attention. And so the student thinks that all of the things that have been collected in a thousand or more lifetimes must be justified, all of the hidden mysteries must be revealed, one's body healed, and one's house set in order in just a few short days!

The true meaning of life is one in which every individual attains spiritual solvency by attaining the wisdom of self-mastery through a countless and infinite number of lifetimes and experience quotients. Likewise, the horizons of any individual's personal perspective are not broadened by having someone else elevate them into a higher state of consciousness.

Wisdom is a personal integration of an unknown and infinite number of factors. Through studying the lesson courses on Self-Mastery and the Psychology of Consciousness, the most important initial steps will have been taken whereby you, too, can climb the same stairway used by all great Masters and Avatars.

The most formidable of all diseases is ignorance, a worthy adversary, overcome only by the sharp edge of wisdom. A part of the armor worn by you to attain mastery over ignorance will be your conceiving of the principles of energy.

All things in the Eye of the Creator move forward in perfect order and harmony--an expanding and contracting universe, linked and relinked through an

endless succession of cycles. As a part of the all-creative universal cosmogony, you, as an individual, are subject to the same interactions that are manifested in all creative processes.

There are many levels of consciousness to be attained through reading the books and the lessons. They are a never-ending source of information; new clarity and new answers appear, and new levels of consciousness are attained. And don't forget that wonderful transcendent, life-changing power, which is always projected whenever a student picks up a book and starts to read!

The concept of Unarius as a Mission is relatively simple. Countless ages ago, millions of advanced spiritual beings, living in the timeless-ageless inner dimensions, were able to look into the future history of the earth world and to accurately plan what may best be described as a life-saving mission. They realized that without certain aid and assistance the people of such an earth world could only advance in their evolution to a certain point.

As all progress must be constructively biased, the earth people must be helped in the jumping-off process which would eventually lead them into one of the inner or astral dimensions. In this state of higher awareness, such people would not only be self-supporting, but would be sufficiently constructive to aid in the grand plan of creative evolution!

Even though our present-day, third-dimensional science is fundamental, it does not go into the fourth or adjacent dimensions. While science recognizes these other dimensions, it has yet to include in its precepts the exact knowledge of what these dimensions are. This is the

most important understanding which Unarius presents at this present time-- the beginning of a new interdimensional science which will develop in the hundreds of years in the future.

In your study of this new interdimensional science, you have a great advantage. You can take a quick shortcut into the future and gain the knowledge which future mankind will need to sustain his earth life. Either that, or he will reverse the evolutionary cycle and through destructive nuclear power plunge the world back into some primitive beginning.

Celestial mechanics is an exact science, and it is absolutely impersonal because it is the Infinite Intelligence, which is the sum-total of all things, as well as the Creative Principle which created these things.

In the study of Unarius, let us dissociate the complete interdimensional science from any of the age-old systems of idolatries. They are unscientific and unrealistic. As Jesus said, "Do not put new wine in old bottles, lest they burst."

There is only one way! Through the doorway of knowledge and its correct usage, you will gradually progress into a higher state of consciousness, correctly placing your particular position in Infinity, which is being expressed through your personal day-by-day experiences.

We know of the great and miraculous values contained in the self-betterment course of the Unarius teachings and have many testimonials verifying this. It has also worked for us most miraculously and we are going to take every means possible to see that it works for you.

Personal progress is always dependent upon one's consciousness and one's ability to be open-minded in the awareness of principles conceived. Therefore have persistence, have faith, and above all, have the realization that ultimately

you will achieve the desired results. Do not expect to achieve good results if you are motivated by selfish, materialistic desires such as bettering your financial status, sexual powers, controlling others, etc. You will become a better individual only when you are motivated by a sincere desire to become a better channel for the 'Father Within' and express outwardly this godliness.

It must be borne in mind that, in your sincere effort to learn, you are directly under the protectorate of the great spiritual centers of Unarius, and you will be given fully all of the benefits to be derived therefrom, such as spiritual healing, intuitive guidance, and inward teachings during your sleep-state consciousness.

Your sincerity and faith will become the positive motivating agencies which will align you with the infinite nature of the Universal Infinite Mind. With this expanded consciousness will come a great sense of relief from your present strife and turmoil. You will gain that passive state of consciousness which must be acquired before health, happiness, and peace of mind is obtained, which is actually the higher consciousness.

We must strongly emphasize, that if you do not acquire your desired results with the first reading and study of these volumes, you must go back to the beginning. Starting again, reread the lessons slowly and carefully, trying to maintain, while so doing, a realization that you will be tuned in to the higher realms of consciousness. In this manner, you will incept not only the necessary wisdom but all of the great therapeutic healing and adjustment powers which are so contained in this superior transcendent state of Consciousness.

Great benefit can be derived from further study, even many years from now as your awareness grows.

Introduction to Past-Life Therapy

The science of past-life therapy is a most engaging study of the human mind. Each individual soul progresses through the course of many lifetimes and retains within his energy structures, or psychic anatomy, as it is termed, the debris or retained information of an accumulation of past-life experiences. This energy-information must be dealt with through the course of subsequent lifetimes, when these energy structures re-engage themselves and make their appearance on the surface of one's daily life. The cyclic interplay of these interdimensional forces of energy is the substance of the study of past lifetimes.

This study is not one to be pursued by the pleasure-seeker for the purpose of inflating one's ego or amusing oneself with some fairytale-like conception of the previous existence one has passed through. Quite the contrary, the true study of reincarnation involves a bracing awareness that one has not always lived his or her many lifetimes wisely, and must take steps to correct certain misconceptions or variances in one's understanding of life, now, in the present situation in which these facts have been brought to the student's attention.

The following pages represent one small facet of the work, ongoing, at the Unarius Academy of Science, where students have gathered to pursue their study of previous lives in order to resolve for themselves the circumstances of present problems which now afflict their minds and/or bodies. Through their study of this science of consciousness, the cyclic interplay of energy, these students are now coming to terms with their many past-life experiences which have left

their residue upon the surface of present-life consciousness. Through the application of the interdimensional physics of energy, these individuals have now come face to face with the originating causes for many of their present dilemmas. You will read in these pages of various overcomings of past-life negations that these individuals have experienced, and you will also recognize, as have they, that this is a never-ending process. There are countless lives which have been lived, each containing an innumerable array of experiences, many of which have left a negative karmic impingement within the psychic structures of that individual.

It will entail many future lives to rectify these impingements of energy-information; however, as one enters into this more progressive understanding of life and pursues this course of knowledge, the results obtained are immediate and quite exhilarating. For perhaps hundreds of thousands of years, you have carried upon your backs the heavy weight of these many past-life negative experiences. Now, with this course of study, the Psychology of Consciousness, you will be able to remove many misconceptions and negative deeds expressed, which have left their remains within you as a wide variety of emotionalisms now experienced as guilt, anger, jealousy, hatred, fear, etc. These are the clues to one's past-life negations, and as they are identified and followed to their originating source, one begins the freeing process, the true healing of one's self!

Of course, the application of the scientific principles of life involves the assistance of advanced Intellects working with the individual supplying the neces-

sary information at those points of awareness when the student becomes receptive to his previous life experience. This is a most essential facet of the course in past-life therapy, which the Unarius Academy of Science has pioneered as an interdimensional understanding of life.

The many bonds which tie one to his previous existences will eventually fall away, as one learns of the continuity of life and of one's true purpose as a spiritual being. Then consciousness expands to a universal state of existence, in harmony with all facets of the ever-regenerative source of life, an Infinite, Creative Intelligence. Mental and physical disease and other afflictions of negative life experiences will gradually be resolved and healed by one's understanding of the continuity of consciousness. The problems that plague the greatest minds and cause the ordinary citizen to suffer from a diverse array of stresses and strains will be resolved when the new science of past-life therapy becomes widespread in its application!

You have now placed your hands upon the key to the future awakening of your mind, a state of existence which is free of the internal agitation caused by unresolved and chaotic energies instilled in some experience of life previous to the present moment of expression on planet Earth. You can become your own healer and resolve your own present problems. You are a spiritual being, born of the same Cosmic Fountainhead that has created all things. As such, you are a part of Cosmic Consciousness, and you are entitled to spread your mental wings far beyond that limited degree of understanding which has been expressed upon your world for many thousands of years!

You will discover a new way of life, one which is unlimited in its potential for

creating within the self a more peaceful state of awareness and an understanding of all problems as they present themselves. There is nothing that the earth man does which has not stemmed from some distant past in which he was living in ignorance and incapable of applying his mind in a more constructive manner to create for himself a positively-oriented future.

The results of your dedication to overcoming your past errors and failures will surprise and delight you, as a new intelligence begins to circulate within your being. This Intelligence is of a highly-developed radiation of thought received by you through the minds of many Brothers of Light who, likewise, have passed through the lessons of physical life with which you are now engaged. Their wisdom is free-flowing and available to the student who is desirous of progressing beyond his seemingly static state of existence and attaining for himself a more brilliant, illumined, peace-filled future in which he shares of his understanding with his fellow beings, and thereby grows to become such as these Lighted Beings of compassionate nature.

If we could add but one word, it would be a word of caution to the beginning student of past-life therapy. Do not expect to learn of many events which shall inflate the personal ego, for the inflation of a personal ego is the main cause of many of your present-day problems. You will learn that it is a selfless way of life that one truly must strive toward. You will be wise to keep this thought uppermost in your consciousness as you begin your studies of the psychodynamics of life, as you continue upon this pathway to a greater illumination of Consciousness.

The Atlantean Odyssey

Everyone who walks the pathway of life presents a certain quanta of psychic affiliations, not only from the present lifetime, but from a comparatively large number of past lives.

You, like all people, retain in various parts of your psychic anatomy, certain vortices of energy wave forms which, in the overall oscillation patterns, reflect into your mental and physical life, determining just what you are, how you function, etc.

Therefore it remains germane that if various insoluble enigmas or 'incurable' conditions exist, that all such corrective therapies entail a basic understanding of this complex process, also that the student be indoctrinated into a daily practice wherein these principles are seen as active and dominant forces which determine success or failure in this therapy.

Understanding, therefore, entails not only knowledge of principles of function, but also analysis into past lives to determine which psychic shock or shocks were responsible for the aberration.

This same analysis can be used in any and all cases where the true cause and the correct determinants are entered into. Realizing that as yet almost all people, with hardly an exception, are not specifically equipped to perform this necessary function of past-life analysis, we therefore present to the student a basic analytical platform upon which we can enter into such analysis. On the basis of long term usage, we begin to acquire the permanent benefits always incumbent when such analysis is entered into.

First, let us present some general information which is pertinent to all those who can be classed as 'old souls' or to

those who have reached a certain threshold in their evolution which they have indicated in many ways: primarily, a desire to relinquish the old reactionary way, acknowledgment or realization of a higher way, various complaints which can be largely listed as karmic or, more accurately, psychic. To these old souls and to any others who might so benefit, let us start to construct a new basic understanding of life.

For convenience sake, we start around the time of Atlantis some 12,000 years ago and come down through the many civilizations to the present day.

You, like every one of us, first incepted as a basic formative pattern of psychic structure, such elemental fears as of fire, water, earthquakes, storms, etc., which in turn were given such personifications as ogres, demons, spirits, or gods, as part of the first formative pantheologies of your religious life. These lives, of course, were lived many thousands of years ago in the more primitive stages of your development. Later on, coming down through successive incarnations, you began associating yourself, just as did others, with such existing pantheologies as were surrounding you at the time.

By going along these lines of introspection, you can very easily understand just how it was that we first obtained some of the fears which are psychosomatic in nature.

Think about these things and visualize yourself as coming down through these ages of time from Atlantis, or even Lemuria, and that, as a seeker of truth, you are naturally one of those persons who will again reincarnate into the future age of time, the Aquarian Age.



Along with countless thousands of others, you are to become members of the Spiritual Brotherhood of this future age and must have this age-old karma removed and thoroughly cleansed from the psychic self.

The earth plane is a place of working out of great transitions and the last remaining vestiges of karma, so you will be enabled to reincarnate into this future age as a spiritually minded person and live in close harmony with the races of people on the earth under the common denominator of the Golden Rule, or the expression of Infinite Intelligence from the inner self.

Every truth seeker knows of or has heard of Atlantis, that ancient lost civilization which was predated by the Lemurian civilization many, many thousands of years ago. Atlantis was a very wonderful and beautiful civilization which flourished

on a continent somewhere in the mid-Atlantic Ocean. This civilization was directed by spiritual leadership from a great temple, and stemming out from Atlantis into the four corners of the earth, there flourished numerous colonies largely directed by the same priesthood.

Several thousand years later, a race of people succeeded in stealing certain secrets and machinery, which were atomic in nature, and which had been handed down from the Lemurian Masters. With these secrets, they actually succeeded in blowing Atlantis out of the ocean and into non-existence. As is depicted in the parable of the Garden of Eden, these people actually succeeded in deviating man from a true spiritual course, and thus, figuratively, destroying the Garden of Eden.

Naturally, with this terrible destruction, there was a tremendous loss of life,

but many thousands of people, on being forewarned, migrated to various countries such as Egypt, India, Persia, Central and South America. From these remnants sprang other civilizations.

Through the countless eras of time, the countless millions of people who had resided in Atlantis, knowing of this great spiritual leadership and wonderful way of life, began seeking to find themselves in some new age and time wherein these same spiritual concepts were further expressed, that they might gain more wisdom and advance themselves in their own personal evolution.

Every human being has a strong and motivating desire for spiritual wisdom and to advance himself in his own evolution. And so, the countless multitudes from these past ages began coming and going into the various recent civilizations, such as the Hellenic Age, about 500

B.C., and down through the dark Middle Ages to the present time.

The psychosomatic principle, sometimes referred to as divine intercession, means that in oscillating from a high sense of consciousness, from the Super-consciousness, certain wave forms of energy can be projected into these negative vortexes which cancel them out and render them harmless to further influence your life.

Remember, however, that you do retain the idiom of experience in different higher relationships of life which ultimately resolve themselves into part of that spiritual body or matrix of developed spiritual energy which you will occupy for many thousands of eons to come.

You, like everyone else, have come and gone through numerous lifetimes as either male or female, developing certain

*The earth plane
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definite propensities and characteristics of either one or the other. This concept is a sure way of solving the present psychological enigma that everyone is ten to forty percent of the opposite gender, and it can only be truly solved when we understand reincarnation and the development of polarity patterns. This principle holds true wherever man may live, and these patterns also exist in the development of various other members of the family and close associations with friends.

Remember that the intelligence of every experience, idea, form, or consciousness is carried in that oscillation between the positive and negative poles. In understanding this dynamic movement as it portrays consciousness, you will begin to understand the true secret and meaning of the constant resurgence of life in an infinite number of patterns and forms.

You must realize and consciously conceive within your mind that whatever it is in your circumstances at the present time which relates to any unsolved blocks or physical conditions, they have their origin back hundreds or thousands of years in one of the many lifetimes you lived since Atlantis.

Your future will depend a great deal upon your course of action in this present lifetime, as to how much of this remaining negative karma can be removed. Just how far you will go in accepting the dy-

namic principles of the interdimensional science of life teachings will determine your future spiritual development.

Therefore, our most sincere advice to you would be to devote the remaining years in contemplative introspection. Look forward into the future with positiveness and assuredness of your immortality, and as being a part of the Infinite Intelligence. Each lifetime will draw you closer to the position of infinite introspection which is called Nirvana by Buddha.

The magic elixir of life is simply the contemplative peace of mind one acquires when he has placed himself consciously in some positive position of unity with the Universal and Infinite Consciousness. There are many ways in which this Infinite Consciousness and peace of mind can be expressed outwardly or externalized to your fellow man.

Break these seemingly insoluble thought patterns of fixed circumstances or physical encumbrances, which are not only poisonous in nature, but can actually lead to the eventual destruction of your consciousness, if prolonged into thousands of years.

Self-mastery is the ultimate goal of every individual before he can attain such spiritual development which will enable him to live in higher elevations and plateaus of spiritual consciousness.

*Past-life analysis
is a corrective
and preventive
therapy,
resulting in the
integration of Self.*



Reincarnation and Consciousness

The Interdimensional Science of Unarius is being introduced to the world as a whole for those individuals who have been 'preconditioned' and who can now progress in their evolution by leapfrogging, in a sense, over the hurdles that have been their basic mental blocks, formed from their many past negative lifetime experiences. These hurdles are greater for those 'older souls' who have remained on the earth worlds too long, and have, for selfish reasons, become leaders in different disciplines of life.

Such older souls have not learned adequately the basic principle of clear-seeing, of remaining impersonal to the lures which the physical senses provide. They have not maintained an objective mind on the world in which they have incarnated, one that has provided experiences adequate for their progressive evolution, which they, for egotistical reasons, negated.

The curriculum of the Unarius teaching is interdimensional, providing knowledge of the nature of spirit, an electromagnetic and interdimensional explanation for understanding the real nature of consciousness. There are many different definitions of consciousness from the different philosophical perspectives, as well as different psychological theories of the mind, i.e., parapsychology, gestalt theory, artificial intelligence, and neuropsychology, etc.

An understanding of the sine wave and the vortical nature and configuration of the psychic anatomy is the basis for understanding one's positive and negative bias to life. It will take a great effort to overcome the lures of the negative bias of one's past, and then, in a sense, to leap-frog over these hurdles which have extended themselves beyond space and

time into the present 'norms' of third-dimensional life.

Of course, normal living is a description of society's customs, folkways, and mores which people have developed. Individuals accept life lived according to these laws that have been engendered by society as a whole.

We are talking about norms because, in the understanding of self, norms are states of consciousness with which the individual seeker is involved! These third-dimensional configurations of life are necessary for life lived by those individuals who are learning of the nature of themselves through their involvement in a societal, 'group' consciousness. Such individuals are not yet individualized, to the extent that each is able to rise above the group consciousness if the group consciousness, in their acceptance of a spiritual consciousness, is incompatible with his or her understanding.

Older souls have relived, life after life, regenerating and solidifying previous negative life experiences that go far beyond falling into a body of water and drowning, leaving the body with a great negative impact to incarnate into a lower astral world. Because of the drop in consciousness from their true spiritual nature, these souls have returned again to the scene of their previous encounters with the death of their physical body on some earth planet.

So we see that what has been called karma is simply the reformation of the basic principle of cause and effect. We see here that it is the effect which, when biased to the third-dimensional nature of consciousness, becomes negative in that it precludes the individual from advanc-

ing in his progressive evolutionary design. In other words, he is not capable of recreating within his psychic anatomy the higher frequency structures, that would give him admittance to a new program which contains greater information of a Higher intelligence.

With this understanding, one cannot repeat his past in a negative manner because now he has a clearer understanding of what it would mean to him in his future, if he wishes his future to be progressive.

Hence karma, in its true scientific understanding, involves the relationship between the causal factors of life, which become the appearance or the phenomena of life for the individual. It could be said that there is positive karma and negative karma. Of course, the true understanding and recognition of this principle is that everything, all life, is cause and effect. This is the sine wave principle of life.

What you are presently applying to your life in some active form will have its effect in some future experience and this will become the basis upon which you walk through life's corridors. That corridor, or pathway, may take you to the left or to the right; it will take you into your past, or it will take you into your spiritual future.

If you 'pave' this pathway with the consciousness of progressive elements in your day-to-day life, then the pavement will contain the higher frequency factors of life that are crystalline and do not contain within them the heaviness of the atomic structure of third-dimensional life. They will contain the higher energy structures, which will be the distilling, polarizing factors that will reside in the higher consciousness of Self.

Within the society of the earth world, the many diseases are indicative of both mental and physical sclerosis. These dis-

eases are quite apparent throughout the nations of the world. This has been, because the individuals who are suffering have made their soil barren; they have not nourished a crop that would provide for them a higher energy intelligence to raise that individual into a newer understanding of his own Beingness.

There is nothing secret or mystical about the energy body of man; it is his true body. It is the body through which one learns, in the first stages of his evolutionary development, of higher, infinite structures which contain the nature of electronic components for one's first beginnings into spirit. The science of life teaches the A-B-Cs of immortality. The science of energy is an understanding gained, not from the perspective of the language of the third dimension, which is symbolic in the hieroglyphics of words, but is one gained from an understanding of fourth-dimensional physics--an inter-dimensional science of life!

In this way one's present life can lead him to a future--the next moment, the next hour, the next year, or the next lifetime. Each person is truly seeding for himself his future; for with every positive thought that he generates, he refortifies a positive action. It is our purpose therefore, to provide the knowledge of the basic elements, which are the A-B-Cs of the Science of Life, a physics of the fourth and higher dimensions.

No longer will it be necessary to be a cork on the ocean or a leaf in the breeze. No longer will it be your misfortune to be lured by the winds, which are the violence and rage that you see outpictured in your present lifetime--evidence and proof that man is simply playing videotapes, outpicturing the nature of his past-life experiences in his present life.

You who are learning of these scientific concepts of energy will, to the extent

that you are capable of learning how to regulate your consciousness, become capable of selecting the information that you wish to incept into your own psychic anatomy. By applying the principle of selectivity, and by recognizing the means by which you can incept new information, you can cancel previously incepted information by turning away from these past images. In doing this, you will be changing the energy structures in your psychic body, which have been transmitting false information to you life after life.

There is a great deal of information that must be processed by an individual before he is capable of untangling the tentacles of his own emotional arms that have been reactive from the instinct of a lower organism. Just as the octopus functions to ensnare its victims with its tentacles, its sensing devices, so man's lower emotional self has tentacles which have reached out and have ensnared all of those who have been his victims.

The positive approach to life, for all people, is to begin to be analytical. This is not for self enhancement; neither is it to victimize another by discovering his weakness, to bring him under one's influence, nor to detune and render him unconscious to that influence! The purpose

of life is to raise one's consciousness, so that all people become a factor of importance in the interrelationship of life. Life will be a new social compact, an organism in which the individual will add to his consciousness through a harmonic interplay with other individuals.

This is the way in which life evolves; thus the species of mineral, plant, animal, and man change. The change is in each individual's association to the species. The Unarius Brotherhood, therefore, can be seen to be those individuals who have moved amongst the people of different worlds, and have, through their own involvement in the life of the species of that world, changed the world because of the information which they have imparted to these worlds through their particular disciplines as poets, artists, scientists, teachers, political leaders, educators, etc.

We come not as an explosion of new information to shape up society. We come as the breeze, as the warm winds, to raise the minds of individuals to a higher awareness of their life. We transcend each individual searcher for truth with the nature of his own superconscious self. In this way do we come as helpers to mankind, providing man with an understanding of himself.



The Spiritual Concept of Life

The concept of Unarius is one of vast and infinite proportions, comprising not only third or material dimensions, in all known present-day aspects but also including interdimensional aspects of the vast, still unknown, spiritual macrocosm. It can therefore quickly be recognized that the Unarius concept cannot be mastered overnight, nor can such mastery be presumed in a lifetime. Indeed, the acquisition and mastery of the Unarius concept involves the complete future of any individual student, and may take millions of years before some assumed theoretical point of mastery is reached.

This is not to be feared; however, neither should it cause despair, but it should instead inspire the aspirant with the quickening sense of a wonderful new challenge, a progressive evolution, ever-expanding into new horizons, new vistas, and lives lived in higher spiritual worlds.

In the study of the Unarius concept, great emphasis has been placed upon the personal moral responsibility and the integrity of every student. He must begin to acquire a fundamental, factual knowledge of the Infinite and the regenerative principles by which the Infinite functions so that this Infinite will gradually take the place of the previous age-old pagan concepts wherein certain deifications were worshiped and certain escape mechanisms were used instead of the true approach to a realistic solution of life's problems.

In this respect, therefore, the Unarius concept mandates that a progressive evolution can only be instigated and maintained by the acquisition of knowledge of the Infinite and its usage. It can also be rightfully assumed that knowledge and usage are synonymous. As knowledge is ac-

quired, it is obtained only in an amount proportional to usage, for usage in turn becomes knowledge. In effect, knowledge is structurally impounded in the psychic anatomy, and therefore it develops the personality.

It is quite conceivable that during this period of transition from the old way of life into the new, and especially in its first stages, the aspiring student may be tempted frequently, either consciously or subconsciously, to resort to and use various devious actions and escape mechanisms which he has used in the past to try to escape the necessity of his moral responsibilities. Therefore some practical dos and don'ts are in order, which will enable the student to adopt a more comprehensive course of action in his daily life.

The first is the realization that there are all kinds of spiritual worlds peopled by all kinds of people, from demons to Archangels, and that through various mental attunements, which are forms of consciousness, any of these personalities can be contacted. In this respect, therefore, you must have a practical, selective association with those people who are probably in a more advanced position than yourself. Your association with these higher and more advanced personalities should also be realistic. They do not like to be prayed to or worshiped. They understand human nature very well, therefore it is quite useless to try to compromise them; neither should you demand of them or order them to do something. They are not, like the police and fire departments, a public utility paid for by the citizens.

Instead, approach them mentally as you would advanced people in your material

world--with proper respect and decorum, but without a worshipful attitude. If you need help, and help is really needed, then you can ask them for the much-needed help, realizing that through certain scientific channels and dispensations great healing power can be projected to you. Under no circumstances, however, should help be requested if you are in any position to help yourself; however, in cases of extreme desperation, where physical and mental anguish have made it impossible for you to keep constructively attuned to the Infinite Power, you may contact the Unarius Academy.

In other words, there is a delicately balanced relationship wherein you are constantly using all of your own mental faculties and attunements in a cooperative balance with those of the higher worlds.

The second, and a very important point of personal conduct, is your relationship to the great Infinite Intelligence Itself. This great Infinite Intelligence is, as has been described, both the power and the substance of all things. It is the new concept which is replacing your old pagan god-deification. This Infinite Intelligence is not emotional, therefore it is not subject to common human vicissitudes. It is also not personal, but is Infinite in nature, therefore you can never have a personal relationship to it in the sense that it can be emotionally or personally intimidated. You cannot compromise it. It will not respond to your prayers. It does not look into your daily life and approve or disapprove of your actions. It can live without you; in fact it did for countless billions of years and it could keep

*Birth and death
are doorways
between
dimensions.*

right on existing without you; but at the same time, you, as a particle of expression in unison with all other people, provide the Infinite with its greatest conglomerate expression.

The proper way to contact the Infinite is: First, understand what it is and the principle which makes it possible to function. Once this knowledge is acquired, there is, as a direct consequence, a constant and never-ending attunement with the Infinite. This constant consciousness of the Infinite is the true baptism, the complete immersion in spirit. You will,

in this knowledge, constantly see the Infinite in action, and with the passing of time, the greater will be this visualization and its impact upon your daily life.

You will find that it is no longer necessary to use your conscious mind in certain flatulent efforts such as prayer, affirmations, rituals, symbologies, etc.; your relationship to this Infinite Intelligence will be the natural, normal consciousness of it, attained through the knowledge of it. When this knowledge has thus begun to be acquired, you will realize how useless are the old pagan practices of prayer to deifications and various so-called religious devices used by the material man, and which are largely escape mechanisms.

An escape mechanism is, in effect, a form of cheating yourself, like someone who cheats in a game of solitaire. No one escapes the responsibility of his future. There is only one practical solution: If you want a better life, a better future, you must start now to begin to build that better life. You will never have any other time except the present.

Interplanetary Communications

At present, mankind is entering into a space age and, in this respect, there is a great broadening in certain concepts and aspects concerning the possibilities of human life lived on other planets in other solar systems in our universe. While such a concession would have been ridiculed a few years ago, it is today a commonly accepted fact. Using the newly-developed radio telescopes, in conjunction with the already existing optical telescopes, scientists are probing the vast depths of space, trying to pick up any signals which would denote an intelligent race of humans on another planet.

This is the first of many steps the earthman will take before he succeeds in his quest to establish communication, in some physical manner, with other humans living on distant planets. As of today, the earth scientist is not aware of the fact that communication between this and other planets has been going on for thousands of years. This has been done in three different ways. The first and more universally used method is mental communication. Every human who has been or is living is always--telepathically speaking--in direct communication with untold millions of humans living on uncounted numbers of distant planets.

The second and probably most important means of spiritual communication is spiritual metempsychosis. During every moment of earth's history, great numbers of discarnate entities (people without bodies) are traveling back and forth between various planets, some to be reborn in new physical bodies, others to influence through subconscious autosuggestion.

Thirdly--there has also been some interplanetary travel in certain kinds of

spaceships. Considering the vast amount of interplanetary travel which has been and is going on, even though unseen and unrecognized by the material earthman, we can therefore safely present an obvious fact: that Dr. Ernest L. Norman and Ruth E. Norman are interplanetary travelers. They are two of the original Lemurians who came to this planet in a space-vehicle some 156,000 years ago and established the first Lemurian civilization. In this respect, they have remembered and described life on the planet Lemuria, some 700 light years distant from this planet. Since that time, the Normans have lived various periods of time in other and more closely associated planets such as Mars, Venus, Jupiter, and are well-acquainted with many of the people who live there and can accurately describe their lifestyles. Most important is the reality that the Normans have experienced life on nonatomic worlds of a higher frequency.

The great and unending vistas of space contain not only material suns and solar systems, as they are known to the modern astronomers, but unseen and unknown suns and their solar systems, existing in different frequency rates on different dimensions, all thickly populated with other kinds of planets composed from energy substances unknown to the earthman. These are the many mansions, places to be visited and lived in by all humans on their evolutionary pathway of life. This is reincarnation, if you please, but always a way in which the Infinite lives and regenerates.

A knowledge of this Infinite is yet to be acquired by the earthman which will supplant his archaic beliefs in demons and gods--an understanding which will

relegate his religions back into the dust of his crumbling temples. Such wisdom will give him wings swifter than light--a way to span the vast regions of space in less than a twinkle of an eye, a highroad to eternity and a by-road into every man's heart!

The end of this 20th century marks the end of a very important cycle, the sixth cycle of the recessional. Humankind has lived on planet Earth as well as on many other earth planets, not only in the Constellation of Orion, but in other constellations throughout the Milky Way Galaxy.

Space travel has always been a method of transportation and communication between planetary systems. This history is documented in published works of the Unarius Academy of Science. The reality of interplanetary travel has been brought to the forefront in the present and has been acknowledged by thousands of people who have had interdimensional contacts of the first, second, and third kind. These contacts are now being verified by astronomers, astronauts, psychologists, and they have been well documented by organizations dedicated to the free release of the thousands of personal contacts over the world over the past 25 years.

Ernest and Ruth Norman are the pioneers of a new world teaching, an interdimensional science of life. They have lifted the barriers of time and space so that humankind will see with new eyes the reality of the continuity of consciousness of the individual and of life lived on both atomic and nonatomic worlds.

However, their greatest contribution

is information about the existence of thirty-three earth planets that have formed an interplanetary United Nations--a confederation of earth worlds in our Milky Way Galaxy.

Humankind entered the space age with the explosion of atom bombs over Hiroshima and Nagasaki in 1945. With the founding of the National Aeronautic and Space Administration and the European Space Agency, the launching of space vehicles and satellites to research distant planets such as Mercury, Venus, Mars, Jupiter, Saturn, Uranus, and Pluto, we are being readied for the next great step--accepting the reality of extraterrestrial civilizations and preparing ourselves for the landing of starships on Earth in 2001.

In summary, we are coming to the close of a major cycle initiated when a spaceship landed on planet Earth 156,000 years ago from the planet Lemuria. The year 2000 will mark the close of this major cycle and will initiate a new society--a spiritual renaissance of logic and reason--wherein humankind will be joined with other humankind in the recognition that life as we know it exists on countless other terrestrial planets throughout the galaxies.

An Interplanetary Confederation will be seen as the existence of highly advanced humankind who have attained to a higher level of awareness of their spiritual nature. This will be the future prognosis for all people on planet Earth, as it is destined to become the thirty-third sustaining member of the Interplanetary Confederation.

The Unarius Core Curriculum

How does Unarius function and how can you learn of its principles? Many organizations are developing at this time in the new age, and they all have a particular part to play. The purpose of Unarius is to provide a self-betterment course or series of lessons designed to bring forth the great Powers which are contained in the inner consciousness of every human being.

It is the personal moral responsibility of everyone to be responsible to himself! No permanent good can be derived by having someone relieve us from time to time of any sins, negations, guilt complexes, or any one or more of an infinite number of mental or physical problems.

The purpose of life for everyone is that he or she must learn not only how to heal himself but also how to prevent further derelictions; these derelictions always come from each individual's own past. We must know the true nature of ourselves! This knowledge must come through scientific facts, principles, and a psychological understanding of the nature of man.

Personal progress is always dependent upon the consciousness and one's ability to be open-minded and aware of the underlying principles conceived. It is the purpose and the ultimate objective of Unarius, as a teaching and conditioning program, to provide preventive and corrective techniques for the use of all individuals desirous of overcoming their lower nature!

Through the lecture course, you are taught principles and concepts which not only broaden your mental horizon but actually give you much better attunement with your higher Self. This establishes a greater degree of inception of Creative Intelligence from the minds of the Elder

Brothers.

What is the corrective part of this program, you may ask? The corrective part is to give you, through the study course, information pertaining to your past lives and the incurrance of various mental and physical conditions, and aberrations which you may have experienced during any one of these lifetimes. You will be in a much better position to progress in your evolutionary development when you learn of and apply these scientific principles of spiritual evolution.

You will be joining students who have gathered to pursue their study of the nature of consciousness, the nature of evolution, the subconscious, the superconscious, and the reality of the continuity of life principles. Through the study of the psychology of consciousness--the cyclic interplay of energy--you will be coming to terms with your many past-life experiences which have left their residue upon the surface of your present-life condition.

Through an understanding of the physics of reincarnation, you can come face to face with the originating causes for your present dilemmas and enigmas of life and death. You will read of the various overcomings of past-life negations that other individuals have experienced and recognized as a necessary process of progressive evolution.

The many psychic bonds which tie you to your previous existence will eventually fall away as you learn of the continuity of life and of your true purpose as a spiritual being. Then, consciousness expands to a universal state of existence, in harmony with all facets of the ever-regenerative source of life, an Infinite Creative Intelligence.

"The Psychology of Consciousness" course of study, comprising 22 lessons, was taught in a college environment. This thorough presentation of a spiritual psychology describes the principles of an advanced psychotherapy--a dynamic analysis of the reasons for all disease affecting the individual. This teaching, when effectively applied, will heal the whole person.

However, one must be cautioned, in beginning the study of this 21st century, new psychiatry, that changes will not occur overnight. But with patience, persistence, and positiveness, and in your dedication to overcoming the past, you will succeed and emerge into an awareness of your true self. Then you will discover the spirit that dwells within and learn of your real identity as a spiritual being of Light.

The knowledge of mind function, in interaction with the brain and body system, is not acquired through sitting in some quiet library room or in your home pouring over books. To become awake to your inner self requires that you apply these new concepts which will begin the healing process and thus give new direction to your life.

The benefits that will accrue to you in the study of this advanced healing science are immense! Once having made the decision to begin your voyage on the spiritual pathway, you will develop new eyes that will expand your perception and clairvoyant abilities. In this manner you will be connected to higher Spiritual Forces who work closely with you, overshadowing and guiding you towards your spiritual emancipation.

In your contact with the Brothers on celestial worlds, you are nourished and helped over the shoals of past negative life experiences, to be liberated and thus directed onto a progressive evolution, lived in future lifetimes on more ad-

vanced frequency planes in the higher astral dimensions.

Not only is this dynamic teaching a study of the whole person--mind, body, and spirit--but it is also a study of atomic and nonatomic life, having repercussions in all disciplines of knowledge.

While you study the regenerative principles of progressive evolution, you will be transcended and will oftentimes feel heat in your body, and drowsiness. These effects are due to the power of the energy that is being projected into your psychic self by the higher spiritual forces.

At this moment in your altered state of consciousness, you are learning the concepts of a new science of life, the language of Infinity. In your sleep state, you will be transported to the healing plane of Venus, where you will learn of this new language of Spirit, the psychodynamics of the mind,

The study of Unarius is not to be equated with academic study--memorizing facts and figures. The advanced study of the mind is not constrained and limited by the conscious mind. In this study of the energy principles that are the architect for all material, atomic forms, information is directed into the psychic anatomy where the true brain resides, thus to remain with you thereafter.

Above all, be patient, persistent, and positive in the knowledge that your study will have pronounced results, according to your dedication.

Each moment you give to the study of the whole person will serve to expand your vision so that your window of the abstract Infinite will be expanded, due to the New Eyes that you are developing. You will in the future become polarized with the intellect of a higher frequency which is necessary for living and functioning in the higher astral and celestial worlds.

A Selection of Subjects Covered In the Teachings of Unarius

Understanding the Phenomenon of Dreams and Visions

How to Attain Cosmic Consciousness

How Life is Lived in the Higher Dimensions

The Subconscious and the Superconscious Self

Psychic Therapeutic Science and Healing

Atoms, Man, and the Universal Harmony of Life

Obsessions and the Dark Forces

The Existence of Extraterrestrial Civilizations

Karma and the Principle of Cause and Effect

The Grand Plan of Creative Evolution

Psychodynamics of the Mind and the Brain

Visible and the Invisible: The Physics of Light

The Paranormal Nature of Consciousness

Past Lives and Future Growth: A New Psychiatry

Lost and Ancient Civilizations: Atlantis, Lemuria

The Continuity of Consciousness After Death

Reincarnation and Consciousness

The Angelic Forces of Light: Our Spiritual Guides

The Non-atomic Worlds of Light

Interdimensional Physics - The Spirit and the Mind

The Psychic Anatomy, the Architect of the Soul

Studying the Unarius Science

In order to aid the student in gaining the greatest benefits from this self-corrective study of life psychology, and in the interest of human relationships, individually and collectively, it is of paramount importance that each student should fully understand the scientific, psychological principles involved in this study. We must remember that every individual presently living has lived hundreds or possibly thousands of lifetimes; and that he is not a physical being, as is commonly supposed, but that he is actually a spiritual or an energy creation.

Now, with the evidence obtained from your personal tape library, stored within the computer of your psychic anatomy, you can recognize the lures and enhancements of which much has been written in the lore, literature, and history of lost and ancient civilizations, up to the present time in the 20th Century.

Because of the above, you do possess a greater motivation, and as a result, a stronger desire to understand the problems that are hindering you in your life. Thus, the libido and drive necessary to begin your study of these important principles of creative evolution is your mandate and will be a central factor in studying the psychodynamic principles of energy.

The core curriculum is contained on two levels: a beginning and an advanced course of lessons. The beginning course, titled "The Psychology of Consciousness," will be your guide to psychic liberation. The advanced study course, "Self-Mastery, The Infinite Concept of Cosmic Creation," will provide you with the knowledge needed to apply to yourself and to attain a better contact with the higher self.

A great Master, Socrates, stated, "The proper study of man is the study of the mind." The psychology of consciousness is, therefore, the study of consciousness, which is the alpha and omega and the central nature of what the individual conceives in his or her life. Your consciousness is the lens through which you make understandable the many-faceted experiences which relate you to your environment.

You will find, therefore, in this first course, a description of the physics of consciousness. This is the manner and way all people function mentally, described in understandable schematics and/or diagrams to reveal the architectural design of the electronic nature of the mind.

The Unarius curriculum is a study of the scientific principles of evolutionary life. The understanding and application of these life principles will remove present uncertainties, fears, and insecurities by identifying how these negative conditions have originated in a past lifetime and are now being relived in the present. One's recognition of the cause of the negative impacts from past-life experiences paves the way for a life of balance and positive thought and action. Peace of mind can then be attained by mastering the lower self!

It would be well to read one lesson for a period of one week. The reason for this is that you are making a new alignment with your higher self and with the higher orders of intelligence that make up the Unarius Master Teachers. This mental attunement with the Unarius Brothers on the Inner, your guides and teachers, will make it possible for you to raise your frequency, and thus you will be able to

conceive new principles that explain the present enigmas that have separated you from your spiritual consciousness.

The 22 lessons have been prepared in a special, spiral-bound, 8 1/2 x 11 format which is easy to read and will help in your study and re-study of these profound concepts of the psychodynamics of life.

To all intents and purposes, the Unarius Science of Life is a course in self-realization--the realization that you are a spiritual being and that you have lived many thousands of lifetimes to recognize this important factor and aspect of yourself.

Again, the principles outlined in the courses of study are to understand the continuity of consciousness, life after life, and to reconnect oneself to one's higher consciousness which is one's soulic essence.

The 20-lesson Course titled "Self Mastery, The Infinite Concept of Cosmic Creation" is a practical introduction into the interdimensional physics of the higher dimensions. The continuity of Einstein's mathematical teachings about space and time is discussed and explained in the light of recent discoveries in the scientific world. You will find answers to today's puzzling questions in psychology, history, the sciences, as well as answers to such enigmas as space, life on other planets, quantum mechanics, etc.

In these lessons are contained a complete teaching, relating the individual in his or her evolutionary process through many lifetimes. The basic cause of all incurable diseases, their obsessions and cures are thoroughly explained and diagrammed.

There are discussions on personal psychology, self-correction, reincarnation, and the disease of karma. These principles of progressive evolution are the basic concepts by which mankind will live in future ages of time in the new spiritual age of renaissance and of logic and reason.

Also included in the 20-Lesson Course are teachings which explain the phenomena of spacecraft or UFOs, the negative forces, astral and celestial worlds and their relationship to man, physical and spiritual astrophysics. This advanced course of study is life-long in duration, and beyond. It will be studied for many lifetimes as it is evolutionary and serves to expand one's understanding of the spiritual nature of life, to attain to Cosmic Consciousness by becoming one with the Infinite! Most importantly, the results will be peace of mind and the knowledge that you will be a positive force in your contact with other persons, as a Wayshower and a Light Bearer.

It would be wise in your study to begin with "The Psychology of Consciousness" for a minimum of three months, while, at the same time, reading the texts that have been suggested. The reason for this is that the objective of this course of study is to correct and prevent the continuity of previous negative life conditions. And as the principles outlined in the study course are of a fourth-dimensional design, its concepts will not be immediately conceived.

To assist you in your study, we suggest the following reference books: *The Voice of Venus; Your Encounter with Life, Death, and Immortality; Infinite Contact*, and *The Spiritual Dance of Life*. However, this does not preclude the reading of any books in the Unarius Library.

As you discharge the old belief-systems and reactionary thoughts, you will be able to charge your new consciousness with the logic and reason of your progressive intent and purpose of life! Therefore, remember that all life's processes follow a charge and discharge principle. This is the duality of energy, the positive and negative polarity of life itself, which is the ultimate statement of Infinity!

The Importance of Membership

The Unarius Science of Life teaching is the next step for those individuals who have been seeking for a curriculum that describes the interdimensional science of life, which diagrams and explains the electronic principles of energy.

By becoming a member of the Unarius Academy of Science, you have signaled your intention to advance your spiritual development onto a higher consciousness and to learn to correct and prevent further breakdowns and malfunctions of the psychic body.

As a student of this progressive teaching, overshadowed by the Hierarchical Forces, you are taking responsibility for your life by attaining knowledge of the interdimensional principles of mental function.

It is important for each student to appreciate their connection to the higher spiritual forces on the celestial planes of Light. This is your cosmic connection, and it will serve to protect and guide you in your study.

To walk the Pathway to Light requires one to participate in a purposeful manner, developing "new eyes" associated with the advanced mental function of clairvoyant abilities. It is this knowledge of the higher-functioning process of the mind that advances one's progressive evolution within the Grand Design of Life!

As a result of your decision to study

Unarius, you will be allied and connected, on a higher frequency level, with advanced intelligent beings in the inner planes of Light. In other words, your consciousness will be raised, due to your contact with the teachers and administrators of the Unarius Brotherhood.

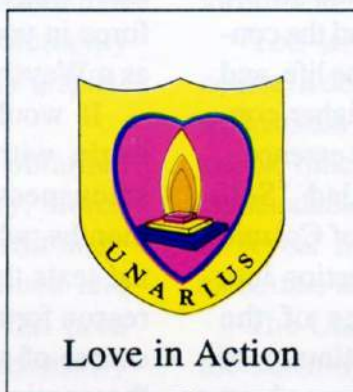
The annual membership fee of \$75.00 entitles you to a membership certificate suitable for framing, the logo emblem pin, and the *Unarius Light Journal*, published quarterly, in which you will discover the many-faceted activities of the Unarius Academy of Science.

In addition each member receives a 15% discount on the purchase of books, video and audio tapes. Attendance at seminars, lectures, workshops, and special events is

made available at a reduced cost.

By subscribing to the spiritual teaching of the Unarius Brotherhood, you will make a better contact with your higher self. This will result in your receiving the great help and support from the spiritual forces, namely, the Brothers who have advanced to the level of Archangels and who function in tune with the Infinite Creative Intelligence.

The ultimate purpose of the teachings of the Unarius Science of Life is to help individuals on the pathway of life to attain cosmic consciousness and to progress in their evolution to become way-showers and helpers to mankind still living in the darkness of the illusionary nature of materialism.



Letters from Unarius Students

Nine years ago, I wanted to make a living as a musician in a speed metal band, but my band members kept getting arrested, committing suicide, and spending their money on drugs instead of guitar strings. I was no exception to this. After high school, I lived at home with little or no practical grasp on reality.

Unarius helped me to get off drugs, find a career, and, most importantly, supplied me with a spiritual purpose which fulfilled a deeper need I didn't even realize I was missing. I have seen and know to be true (without hypnosis) lives I have lived as a warrior in Mongolia, a hideously deformed cripple, a pampered aristocrat, a woman pregnant with a priest's child, and many, many other past lifetimes.

The recognition of how traumatic experiences from these and other lifetimes have haunted and influenced my present lifetime is what has changed me for the better. I have now no desire for drugs, own my own writing and editing business, and am happily married. Every day is a challenge, but I feel that Unarius provides me with the mental tools which I continue to use to improve myself.

Joseph Downey - Dulzura, CA

I was so mad at my husband, I could have choked him! I was reacting to a letter I had just read from him and I needed to do something to get my mind off that letter, but nothing worked! I knew I had to respond, but, I could not write the letter.

I decided on a new approach and wrote down everything I was feeling toward him. I looked at the list and thought, "No way, this is not me! As a new student I was 'testing' the Unarius principles. So I went down the list again striking each

entry, as I pointed the finger at myself! I came to 'dishonesty'. I thought, "I'm not dishonest, I work in a bank!" A subtle thought crossed my mind, "It doesn't have to be about money, remember the piece of gum you stole when you were eight. Then a multitude of dishonest things hit me. Wow, dishonesty is what I needed to see. That is why I could not write the letter! I was so careful to chose the right words that I was hiding what I really wanted to say. I was the one not being honest.

I swallowed my pride, looked back over the list, and found I could relate times that all the imperfections that I saw in him were also in me. This incident changed my life. I know the Unarius Science works; the hard part is being honest with myself, learning not to point the finger, but to look within.

May McFalls - Dry Fork, VA

Ever since our daughter was old enough to work, she has not been able to keep a job. We would always end up paying her bills, but with a lot of resentment and anger on my part. I was tired of paying her bills. So one day I made an attunement with my higher self and questioned whether I was responsible for her condition, a picture was shown of a former lifetime that explained my dilemma.

My daughter and my present husband were married and I was their daughter. I was very jealous of their closeness and deeply hated my mother. I became insanely angry and shot her from behind. The bullet did not kill her but crippled her and she became a quadriplegic, depending on others for her needs. As I received this information, tears flowed and I felt great compassion and love for my daughter. I now understand that I am totally

responsible for her inability to find a job. In two weeks she had a job and began paying all her bills! I am so appreciative to my Spiritual Teacher, Uriel, for helping me solve this problem.

Nanette Breault - Lakeside, CA

I treated my husband to a round of golf for his birthday and while playing I got a painful kink in my neck. Instead of going to a chiropractor, I decided, instead, to go for a walk to do some self-analysis. As I did this I had a flashback and saw how, in a previous lifetime, I was so jealous of my husband (we were both males) that I challenged him to a duel with swords. Swinging a golf club was an attunement to the sword from my past. I felt really sad that I had done this, to my now current husband, out of jealousy from the past. However, with this awareness the pain in my neck was gone - no doctor, no medicine, and so is that past lifetime!

Tracey Kennedy - La Mesa, CA

Utilizing the ideas taught in Unarius. I have been able to overcome a sick, queasy feeling in my stomach, and a tightness in my head when I would sometimes be exposed to certain electronic equipment. It could have happened when I was operating audio recording equipment or perhaps studying the inside of a television. Through past-life awareness, I realized my negative involvement in previous technologically advanced civilizations, during which I misused electronics, harming other people. I no longer experienced these 'out of sorts' sensations.

David Reynolds - Spring Valley, CA

My mother was in a mental hospital for sixteen years and in 1992 I took her to live with me. Over these few years, I have been able to see my past in her

illness, diagnosed as schizophrenia. It feels wonderful to lose some of the great guilt I have with her which is helping me tremendously, for now she is asking to dress herself and to take her own shower. She is making her bed and folding her clothes! I was thrilled to realize that as I have been working on self-reliance within myself, she is finally realizing the benefits that the development of this trait can bring! I now realize that when mother goes to the inner dimensions, she will have a running start on her own healing and won't have to come back in her next incarnation in such a debilitated state! I am actually beginning to appreciate some infinite possibilities in my future.

Barbara Jarad - El Cajon, CA

In 1982, I heard the call of death. As a result my life has been transformed to one of a phenomenal odyssey, with events and extraordinary people who have helped to change my negative attitude.

Because of a severe drug addiction and depression, I was diligently planning my suicide. But before I could act out that scheme, I died from cardiac arrest, through a lethal combination of bad drugs.

At the exact moment of my untimely death, the Archangel Uriel, came to my rescue, extending my life so that I could complete my earth cycle. At that instant, I saw two brilliant lighted white silhouettes (Uriel and Michiel) and I was healed from and a 10-year drug, alcohol, and cigarette addiction.

To this day, I still feel the pulse of Uriel's Love. At various intervals every single day, I experience an energy projection spiral and pulse into me which aids me in my role as student to understand the vast, interdimensional spiritual principles of the Unarius curriculum.

Paula Greenwood - El Cajon, CA

I faced my supervisor with dread as she confronted me with a list of errors I had made in my work. Each statement resounded like an echo of a long forgotten memory, and the deep feelings of fear, guilt and utter defeat it carried engulfed my consciousness. I felt like such a failure, for no matter how hard I tried conscientiously to prevent the errors from happening and to be conscientious with my work, they happened anyway. In the clinical laboratory in which I worked, it is people's lives who ultimately suffer from such errors.

In my search for answers to this problem, I recalled the eerie deja-vu feeling I had at 10 years old when I saw a photograph of a female scientist working in a laboratory depicted in a magazine. I stared at her--I stared right through her; and the more I looked, the more I felt this sick feeling in the pit of my stomach. Little did I know that I was seeing the mirror of my own past reflected through her image!

It wasn't until I began to study the scientific principles of Unarius, and apply the principles of past-life therapy that I discovered the true cause for this deep-seeded problem. In many lifetimes, I was a physician/research scientist who chose to alter research data, instead of completing a more intensive study of a disease, so that I could appear successful. In so doing, I compromised the lives of countless patients as well as the integrity of my staff, rather than face failure by admitting to my superiors that I didn't have the solution. As a result, I have lived in constant fear of being exposed, subconsciously repeating the same cyclic pattern, and then running from facing the truth.

Through accepting the reality of these past-life negations, I no longer make such errors or fear my superiors, and am well respected in my field. This important overcoming was further validated when I

was recommended above all others for a position as a technical supervisor, one I hadn't even applied for!

Now in my new role as supervisor, I am facing the fears of failure and of being exposed, and dealing with the pressures of deadlines and employee needs with honesty, integrity, compassion and a new awareness of my purpose to help mankind and to be that light-bearer for the Unarius Brotherhood, so that others may also receive the Love, wisdom and guidance I have received.

Barbara Rogers - Raleigh, NC

I eagerly tore silver paper from a huge box which I thought was a hi-fi set, and to my dismay was a computer! In attempting to operate my new computer I cried! I shook it! I screamed unmentionable names! I called it a stupid robot! It retaliated by oscillating a green screen and refused to boot-up! It caught the Michelangelo virus causing me to lose all my data! It found innumerable ways to annoy me!

Over the years I have learned why I reacted so personally and violently toward computers. I discovered that in past lives I operated sophisticated computers and accepted positions to program people in society to become docile and well behaved through awards and punishment. In the process I was programmed and also became a robot, losing my inner connection to Spirit!

I am becoming the master of my computer and the master of myself, now that I have analyzed, recognized and accepted how I used computers in negative ways in past lives. I reacted to typing hundreds of names into a data base until I realized that I had put the names of many people on lists to be punished and tortured. Negative acts create negative energies and they do return to individuals when they

attune to a particular person, place or thing!

I now do positive volunteer work for Unarius. My attitude has changed, as has my rapport with computers. I appreciate the accuracy, speed and ease with which I can transcribe classes and transmissions, letters etc. Mostly I appreciate the opportunity of learning about myself through past-life therapy. Without this study I would fear computers and not know why! I would not ask 'What an I reliving?'

Margaret Charette - Glendale, CA

"I'm so fortunate to have a husband like you." Just two years ago--before we were married--I would not have believed I would make such a statement. At that time I thought our two-year relationship wasn't working because we were too different to be compatible; I was seriously contemplating ending it. Through the principles of past-life therapy, I became aware of my feelings of superiority and resentment toward my future husband and the past lifetime where they originated. With this awareness, my attitude changed toward him, and consequently our relationship improved so dramatically that we decided to get married.

Monica Appel - Santee, CA

The scientific teaching of Unarius is responsible for turning my life around. Where once I felt there was no hope, now I know there is no problem that can't be solved, no sickness that can't be healed for I have learned the principle of attunement to the inner self and to the many millions of advanced spiritual brothers and sisters who are always projecting their positive radiations of Love to all souls.

I must remember that I am an important part of the infinite and can receive this Inner help if I attune to Spirit. I've

found the best and surest way to make that inner attunement is through the study of the Unarius teachings which were authored by the Master Minds who carry the higher frequencies that have re-aligned me with my higher consciousness.

Daniel Smith - Monroe, NC

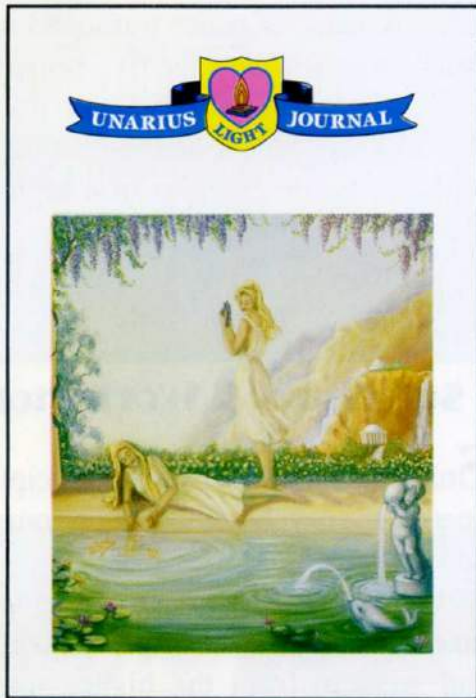
Last year I attended a reunion of siblings and parents in Colorado Springs--some of whom I hadn't seen for nearly a decade--and they couldn't stop talking about how much I had changed. You're so--nice"! they kept exclaiming, and they put me to the test, as only siblings and parents can, to see if I was just on my best behavior. The truth is, I am enjoying life for the first time and my happiness spills over into everything I do.

Unarius fell into my lap in 1975--I wasn't looking for it, but it has explained, demonstrated, answered questions, and opened up infinite horizons for me ever since. I now co-own a writing and editing business with a husband whom I love and who loves me; I find that both small and large problems dissolve under the light of introspection Unarius has taught me to apply; and my psychic abilities have blossomed into an ability to receive and use inspirational assistance in countless constructive ways.

As far as I'm concerned, my Guardian Angels--Uriel and Raphael--came to earth during this century as Ruth and Ernest Norman and made their angelic wisdom accessible to anyone who cares to partake and build a better life for themselves. I was fortunate to discover their teachings, and I give them all the credit for those changes that my family is still baffling over. Everyone wants to know, "What's your secret?" But it's no secret. It's knowledge of self!

Lianne Downey - Dehesa, CA

The Unarius New World Teaching Center



The Light Journal

This quarterly Journal of Light offers factual and insightful articles on the new science of consciousness. It openly examines individual experiences of a paranormal nature. The electronic nature of the mind, brain/body system is explained and described to extend and develop an understanding of the physics of consciousness and the continuity of consciousness as a paranormal process.

The *Unarius Light Journal* is a valuable resource for professionals and students in science, psychology, psychiatry, and medicine who are interested in the emerging age of spiritual transformation. An annual subscription for four issues is \$30.

The Interplanetary Confederation

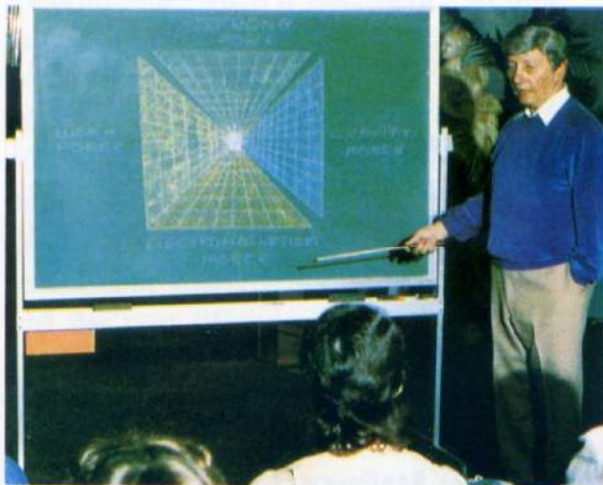
Every year Unarius presents important information about future changes, which will be taking place in the 21st century, preparing our global world for the arrival of spaceships on Earth. The two-day symposium discusses the reality of extraterrestrial life existing within our Milky Way Galaxy and the formation of an Interplanetary Confederation. The Interplanetary Conclave is usually held on the second Sunday of October.





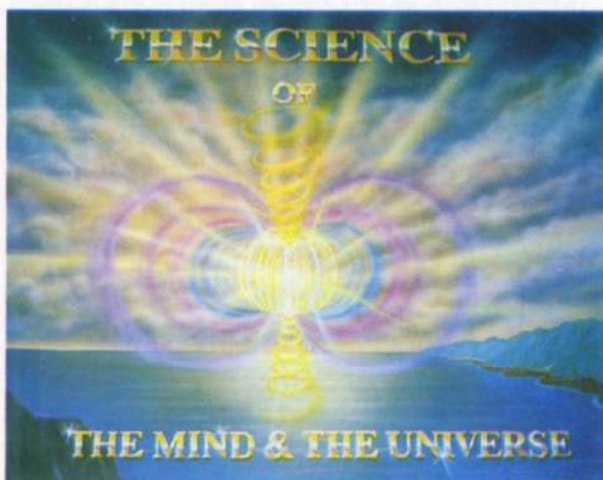
The Star Center

The Star Center is an artistic expression capable of transporting one to the shores of Atlantis or to visions of the future when one attunes to the model of a future city. A sense of peace transcending the reactionary world of the five-sense body is experienced when you enter through the doorway into a new world, in tune with the subtle energies of a higher-dimensional reality.



Seminars & Workshops

Study the interdimensional principles of energy, the psychology of consciousness, and the physics of reincarnation. You will be under the guidance of advanced master scientists who express their love and wisdom from the higher spiritual planes of life. Workshops and seminars are ongoing throughout the year. Special lectures and open-house receptions are scheduled on Saturday afternoons and weekday evenings.



Public Access Cable

The Academy produces programs that air on twenty-five cable stations. These include true stories of reincarnation, interplanetary phenomenon, inspirational art, lecture courses on self-mastery, etc.

Viewing these programs on your local cable network can be an additional help in your study. If your local cable station does not air the Unarius programs, this programming can be arranged.

Books For Study



Video Productions

The advantage of video is its reality, its ability to put the viewer into the picture as the pages of history are projected on the screen. The Unarius video programs are both documentary and experiential. Through the medium of video you can study the lesson courses on Self-Mastery. Programs about the pre-history of mankind and the science of life of the future will complement the study of the Unarius texts. Of most importance, however, is the attunement to the inner planes and the power that elicits healing.



Video Catalog

True life accounts of reincarnation, enacted through psychodrama, comprise many of these video programs. They demonstrate the healing principles of past-life therapy. Other programs reveal the pre-history of humanity and the future of humankind. They include such topics as extraterrestrial phenomena, visionary art, life after death, the Orion connection, Atlantis, Lemuria, etc.



Music Production

Music is an important factor in making an attunement to one's positive nature. Students are inspired to create music for both audio and video productions. The Unarius choral group, 'And the Angels Sang,' is only one of many musical ensembles that express the Love-in-Action principle.



Art Classes

Persons interested in art expression receive psychic/mental help by tuning in to master art teachers on the inner planes. They inspire the student, in whatever format he or she may choose, to create an individual art form. Murals, paintings, and book jackets are examples of student art expressions, as are the large window murals of the New World Teaching Center.



Book Catalog

Ever since 1954, the Unarius Academy of Science has been publishing books that describe a Science of Life for the New Age of Spiritual Renaissance.

These pioneering books form the curriculum for a New World Teaching. The boundaryline of time and space is removed to advance the logic and reason of life as a continuity of consciousness beyond the third dimension.



Audio Books

The books of the Unarius library have been transmitted and recorded on audio tape. They are available on 60- and 90-minute tapes. This method of attunement is an excellent help to lift and transcend your consciousness, in tune with your Higher Self and the Cosmic Pulse of the Infinite Creative Intelligence.

Books For Study



YOUR ENCOUNTER WITH LIFE, DEATH, & IMMORTALITY

Ruth E. Norman

The nature of death and the experience of dying are the most feared and least understood aspects of life; yet all persons undergo these major life encounters. You will read in this lucid account of others who have faced an encounter with dying. Learn how they have overcome the fear and emotion surrounding the seeming finality of death. Life is progressive and regenerative, never terminated, when you know of the logic and reason of your true spiritual purpose.

- \$6. Paperback 75 pgs.
 \$24. 3-tape Audiobook; single tape \$10.



THE VOICE OF VENUS

Ernest L. Norman

The planet Venus is the sixth center of the Seven Teaching Centers in the higher frequency planes. It serves in this relationship as a therapeutic healing Center for the planets of our Solar System. A Master teacher from Venus explains the basic principles of the Unarius Science of Life. You will discover many answers to the enigmas of life and will witness the radiant energies of the healing Centers where the mysteries of life and death are explained.

- \$20. Hardcover 197 pgs. Paper \$15.
 \$32. 4-tape Audiobook; single tape \$10.



PRINCIPLES AND PRACTICE OF PAST-LIFE THERAPY

Charles Spaegel

This book is the result of a 6-week seminar on the Principles and Practice of Past-Life Therapy, pioneered by Unarius. Herein is described the basis of a new psychiatry, based upon the healing of individuals who have traced the cause for traumatic incidents in their present life to negative experiences in past lifetimes. This book is a pioneering road map for resolving the enigmas of life and death and, most importantly, the Science of Healing. It answers the questions so often posed: "Who am I? And how can I attain peace of mind?"

- \$18. Hardcover Illustrated 434 pgs.
 \$96. 12-tape Audiobook; single tape \$10.



INFINITE CONTACT

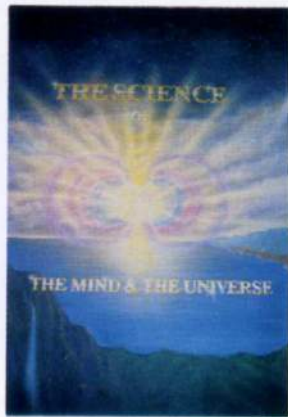
Ernest L. Norman

The sincere student will find, in these various dissertations, an explanation for many of the misconceptions such as those found in religion, science, and education in the 20th century. The pages of this amazing volume contain previously unknown or hidden truths that are now presented with the logic and reason of a higher intelligence. Truly mind-expanding!

- \$11. Paperback 199 pgs.
 \$48. 6-tape Audiobook; single tape \$10.

**THE PSYCHOLOGY OF CONSCIOUSNESS
A WORKBOOK**

Ruth E. Norman & Charles Spaegel



This is a practical introduction to the psychodynamics of consciousness and the higher physics of the fourth dimension. The illustrated lectures include discussions on energy and matter, the nature of consciousness, personal psychology, self-cor-

rection, reincarnation, and the reality of obsessions. Prepared as an elective course for area college students, many questions which puzzled students are answered with clear and understandable diagrams. These lessons explain the electronic nature of the mind and reveal the reality of man's inner self. It is an explanation of the physics of consciousness that clearly resolves the enigma of reincarnation, which truly is the evolutionary process of spiritual development.

\$90. 22 Spiral-bound lessons
\$120. 15-tape Audiobook; single tape \$10.



**YAMAMOTO
RETURNS**

Dennis Dallison

A Unarius student gives a factual account of his awareness that he had lived the life of this Japanese Admiral during World War II. Photographs and

journals reveal the similarity of his current life with that of Yamamoto! This student describes how knowledge of this past life helped him to overcome associated problems in his present life and how the principles of reincarnation physics can be applied by anyone to achieve similar results.

\$17. Paperback +Videotape 10:00 min.

**THE PSYCHOLOGY OF CONSCIOUSNESS
A VIDEOTAPE**

Time and space are dissolved in the presentation of the nature of Consciousness in a workshop at the 1990 Whole Life Expo in San Diego. The principles of past-life therapy are diagrammed to describe and explain the physics of reincarnation.



This videotape will help to explain the basic principles of consciousness as a continuity in one's own life and provide a wider understanding of the new science of 4th-dimensional physics. Identifying such emotional blocks and accepting personal responsibility for them is the beginning of the healing process.

\$25. VHS Videotape 44:45 min. Color



**THE
LAST
INCA,
ATAHUALPA**

*Ruth E. Norman
Charles Spaegel*

The pioneering efforts of a group of forty-five individuals who participated in researching their past expressions at the time of the conquest of Peru in 1535 form the basis for this book. Through example, the book's subjects demonstrate how any individual, without hypnosis or psychic readings, can retrace his past and heal the wounds left by previous transgressions against his fellowman. Here will be found the blueprint for the student of progressive evolution who desires to work out the karma of his past.

\$21. Hardcover 289 pgs. Illustrated

A COURSE ON SELF-MASTERY
The Infinite Concept of Cosmic Creation
Ernest L. Norman



The elements of personal psychology, reincarnation and the disease of karma are incorporated in this advanced study of the electromagnetic nature of the mind and the universe.

The obsessional nature of negative forces, the cyclical

history of civilization and its effects on the individual and society, are thoroughly covered. Nikola Tesla, Leonardo da Vinci, Socrates, Jesus of Nazareth and other Cosmic Visionaries overshadow the presentation of these interdimensional principles, a Science of Life for man's progressive evolution!

- \$100 20 Lesson Course Workbook
- \$30. Single Videotape - One lesson
- \$300. 13-Videotape series - 13 lessons

VISITATIONS
A Saga of Gods and Men
The Universal Brotherhood



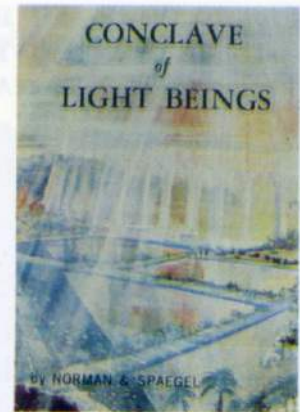
Clothed in the raiment of man, God Forces have walked through the history of Earth as Osiris and Isis, as Jesus and Mary of Bethany, as Hatshepsut, as Akhenaton, as Buddha! *Visitations* presents the history that the Bible does not relate. It expands our knowledge of the reality

of consciousness and its continuity, lifetime after lifetime, to reveal archeological data that has been ignored or distorted so as to denigrate the spiritual nature and the accomplishments of ancient civilizations.

- \$80 Hardcover 563 pgs. 40 paintings

CONCLAVE OF LIGHT BEINGS

Ruth E. Norman
Charles Spaegel



This is the report of two who are witnessing an other-worldly event. This book presents an immense picture of

earth's history: Lemuria, Atlantis, Egypt, Greece, Rome, and the Byzantine. In these civilizations mankind was suffused with the Light and Love of advanced Beings. The material of this book was set in motion more than a million years ago, detailing the plans to rescue Earth from its material nature. In the present, it is a testament to the positive conclusion attained by the Hierarchy.

- \$16. Paperback 545 pgs. Illustrated
- \$104. 13-tape Audiobook; single tape \$10.



A ROUND TABLE WITH URIEL
A Video Documentary

Unarius students, with their teacher Uriel, disclose by their example the science of past-life therapy. Their discussion

reveals that the cause of their present dilemmas and frustrations originated in lifetimes lived hundreds of thousands of years ago. This discussion centers around a civilization of Orion, an empire contrived by a materially oriented government, masterminded by Tyrantus and his council of twelve. The flashbacks and realizations of the participants provide a demonstration of the psychological technique for overcoming mental and physical problems

- \$30. Videotape 59:24 min.



RETURN TO ATLANTIS

*Ruth E. Norman
Charles Spaegel*

This is a book of epic proportion, received mentally from the Greek historian Herodotus, describing the rise and fall of Atlantis. Forty thousand years ago a race of Superbeings traveled from the Pleiades to initiate a new society and civilization among the aborigines on the island continent of Atlantis.

This is volume one of a series revealing the creative handprint of the advanced intellects who shaped this civilization for the purpose of advancing the spiritual nature of mankind.

This is volume one of a series revealing the creative handprint of the advanced intellects who shaped this civilization for the purpose of advancing the spiritual nature of mankind.

\$25. Hardcover 325 pgs.
\$75. 11-tape Audiobook; single tape \$10.



PROOF OF THE TRUTH OF PAST-LIFE THERAPY

Ruth E. Norman

Eight progressive students of past-life therapy demonstrate their success through creative works of art, writing,

teaching, healing, and other expressions of their restored mentality.

This book demonstrates the goal of Unarius: to teach individuals how to heal themselves of the emotional blocks incurred through past life experiences. Their examples of inspiration factually prove the effectiveness of past-life therapy as a new psychiatry, a new science for a progressive evolution.

\$11. Illustrated Paper 212 pgs.

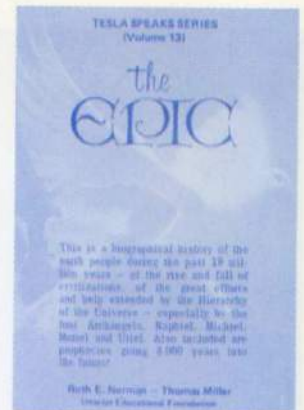
THE EPIC

Ruth E. Norman

Spanning 19 million years, the biographical history of mankind, narrated by Khalil Gibran, has been set in poetic stanza, illuminating the pattern of the rise and fall of civilizations and the great effort of the Hierarchy to shine Light upon mankind.

By their direct involvement these Higher Beings have effected the rise of new civilizations that reflect the spiritual potential of human society.

\$18. Hardcover 278 pgs. Illustrated



TESLA SPEAKS: The Scientists

*Ruth E. Norman
Charles Spaegel*

The Tesla Speaks series was inspired from Nikola Tesla, as well as many other noted scientists who once lived on Earth. These advanced intellects

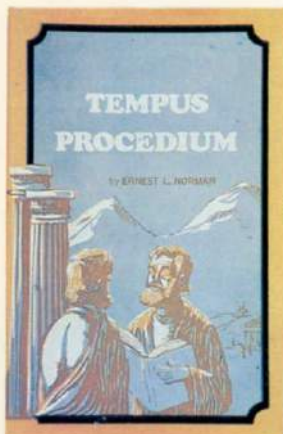
speak to you in the first person, describing their present life in the nonatomic worlds of Spirit.

This book will help the reader appreciate the important scientific changes now taking place in all disciplines of knowledge in addition to man's desire to know himself as a progressive spark of Infinite Intelligence.

\$17. Hardcover 324 pgs. Illustrated
\$150. 23-tape Audiobook single tape \$10.

TEMPUS PROCEEDIUM

Ernest L. Norman



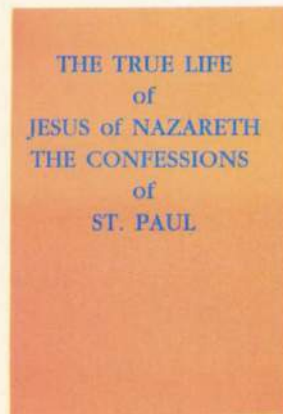
In this age of science and expanding world views, Ernest Norman presents an entirely new concept of life—spiritual evolution and an infallible immortality.

He offers a new and totally complete science of life which cuts through the Gordian knot of

rhetorical dogma, false creeds and superstitious religions, and he lays bare, for the first time, a golden future. Most importantly these articles unite the reader with an inborn purpose of self-discovery, leaving one with an astonishing awakening to the mind and spirit.

\$20.00 cloth 496 pages.

THE TRUE LIFE OF JESUS OF NAZARETH: The Confessions of St. Paul *Alexander Smyth*



Slashing through 2,000 years of Christian fanaticism, this book presents the true biography of Jesus, both before and after the crucifixion. It exposes for all time the great hypocrisy of the Christian religion as the culmination of a villainous plot. This

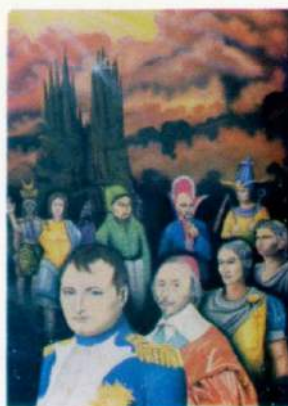
plot, contrived by the archvillain, Saul of Tarsus, and his cohort, Judas Iscariot, changed the world's history for thousands of years.

Contained in a long-hidden book is this amazing revelation, delineated by no less than Saul himself. In this true life story of Jesus' life, he tells who his mother and father were, who was his espoused, and of his teachings.

\$30.00 cloth illustrated 471 pgs.

CONFESSIONS OF I, BONAPARTE

Louis S. Spiegel



Yes! Napoleon is alive and well, and now reincarnated in the 20th century to tell the incredible story of his life and death. He died in 1821 and was born in 1921. Napoleon Bonaparte lived many lifetimes in which he inflicted karmic wounds on

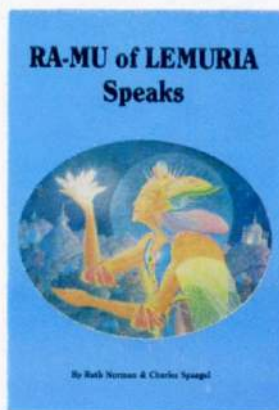
society, and for these he has now taken full responsibility.

This book tells not only the history of Bonaparte, but of the triumph of a soul after many years of seeking.

\$24.00 cloth 25 illustrated 540 pgs.

RA-MU OF LEMURIA SPEAKS

Ruth Norman & Charles Spaegel



Ra-Mu, the spiritual leader of Lemuria awakens humankind to its higher purpose—the awareness of the spiritual basis of life.

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